**2023 GOLDENROD HIGH SCHOOL TRACK MEET**

**ORDER OF EVENTS**

**(In all running events, Girls will precede the Boys.)**

**10:00** **FIELD EVENTS:**

Boys Long Jump followed by Girls Long Jump

Girls Triple Jump followed by Boys Triple Jump

Girls High Jump followed by Boys High Jump

Boys Pole Vault followed by Girls Pole Vault

Boys Discus followed by Girls Discus

Girls Shot Put followed by Boys Shot Put

**1:00**  **RUNNING EVENTS:**

4 X 800 Meter Relay

100 Meter High Hurdles Prelims

110 Meter High Hurdles Prelims

100 Meter Dash Prelims

400 Meter Dash Finals

3200 Meter Run Finals

200 Meter Dash Prelims

Break

**FINALS**

100 Meter High Hurdles

110 Meter High Hurdles

100 Meter Dash

800 Meter Run

300 Meter Low Hurdles

300 Meter Int. Hurdles

200 Meter Dash

1600 Meter Run

4 X 100 Meter Relay

4 X 400 Meter Relay